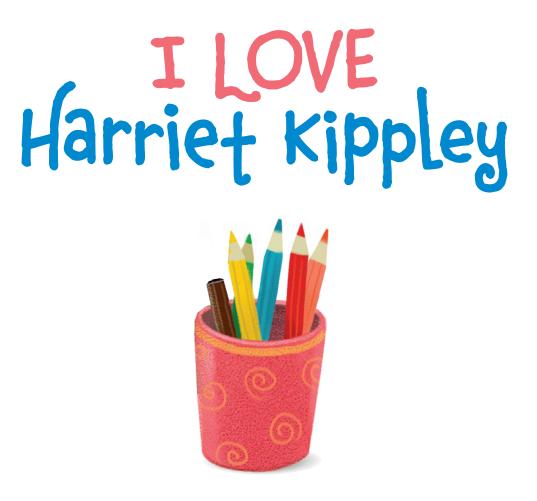
I LOVE Harriet Kippley

free spirit PUBLISHING® Jenny Lynn Pease illustrated by Alessia Girasole



Jenny Lynn Pease Illustrated by Alessia Girasole



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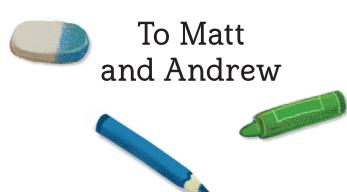
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Harriet and her classmates were almost ready for their art party. Drawings decorated the walls and windows. Colorful chains and silly paper-plate animals dangled from the ceiling.

"Don't forget to have your drawings ready for the party on Monday," Ms. Kirkpatrick said.

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Friday

Harriet slumped in her seat. She didn't know what to draw. The task was simple: draw a picture of something you love. But Harriet loved the same things her classmates loved. She wanted her picture to be unique. She wanted it to be special.



Ben announced, "I drew a unicorn!"



There went Harriet's idea of drawing a polka-dotted singing unicorn named Pattie.

Harriet lifted her picture high. "It is me. I wanted to draw something special and unique. Then, I remembered that I'm special. I'm unique. There's only one me in this world. I love myself! I love Harriet Kippley."



Questions and Ideas for You

You can talk about these questions with a friend or a grown-up, or you can think about them on your own.

- What do you think it means to love yourself?
- Harriet wants her drawing to be special and unique. Why do you think that is important to her?
- Harriet loves a lot of things. What are three things you love?
- What three things do you love about yourself?
- It's important to be kind to others, and it's also important to be kind to yourself. How can you show yourself kindness and love?
- Harriet feels frustrated when she can't decide what to draw. What do you do when you feel frustrated?
- Harriet asks her family for help when she can't figure out what to draw. She knows it's okay to ask for help when she needs it. Who do you ask when you need help?
- How do Harriet's family members show her their love and support while she is trying to figure out what to draw?
- Harriet feels proud of her finished drawing. What are you proud of?

Draw a picture of yourself. Include all the wonderful qualities that make you special and unique. When you're done, hold it up and say, nice and loud, "I love myself!"

