

Accept and Value Each Person

Includes Activity
Guide for Adults!



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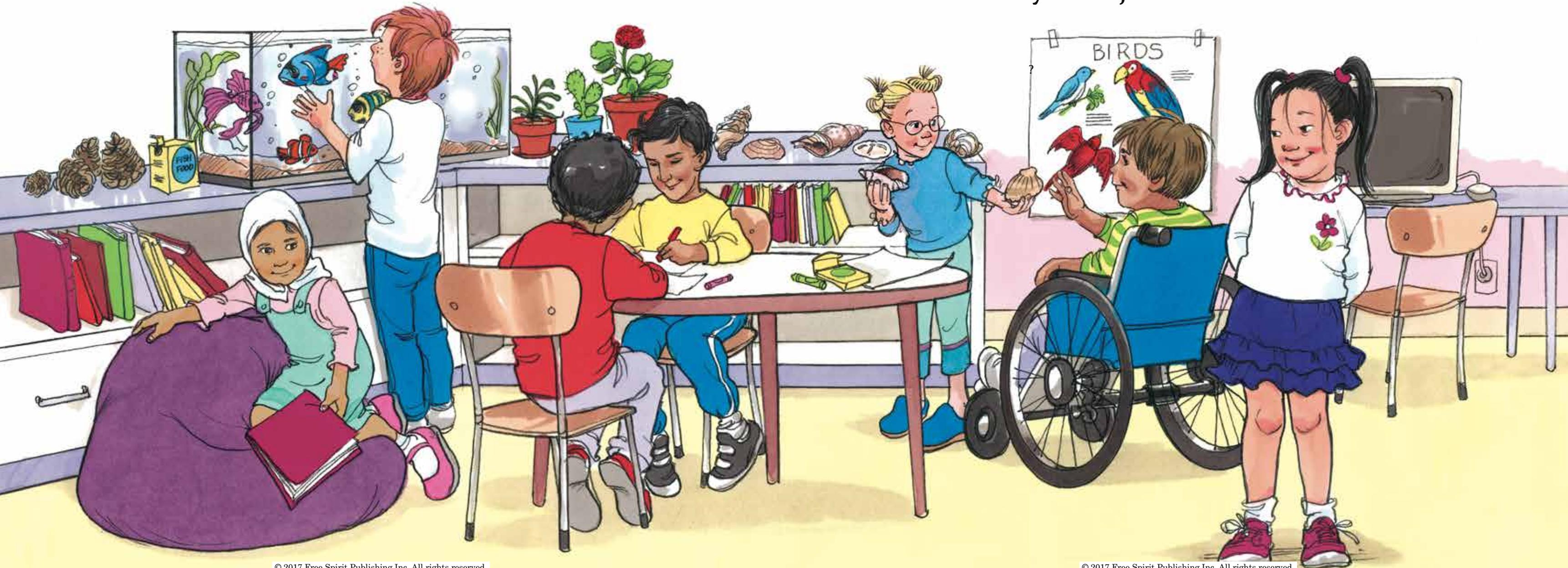
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Each person in this world
is different from everyone else.
I'm the only one just like me.



There are many ways to tell us apart on the outside.



We each have our own size, shape, and color that is just right.



Ways to Reinforce the Ideas in *Accept and Value Each Person*

As you read each page spread, ask children:

- What's happening in this picture?

Here are additional questions you might discuss:

Pages 1–3

- What is something about you that's different from everyone else? *(Besides physical differences, discuss distinctive attributes such as how individual children write or draw, specific skills or abilities, and things they think about.)*
- How do the different kinds of fish remind you of differences in people?

Pages 4–7

- How are people alike on the inside?
- Who are you important to? How do you know?
- What does it mean to feel accepted? *(You might explain acceptance as a feeling of belonging or of being okay just the way you are.)*

Pages 8–13

- Think of a time you made friends with someone new. How did you show that you wanted to be friends? How did you feel? How did the other person feel?
- How are the shells alike? How are they different? What if all the shells in the ocean were exactly alike?
- Think of a friend. How are you and your friend alike? How are you different? What do you like about your friend?
- What does *value* mean? *(You might explain by saying, "If you value something about someone, you appreciate it and think it's important.")*

Pages 14–15

- What is something you're good at? What are some ways you can help someone else? How does it feel to help?
- What are some things other people have done to help you? How does it feel when someone helps you?

Pages 16–19

- How are the people in this picture alike? How are they different? What different things are they doing?
- What's a family? How are families alike? How are they different?
- What are some ways people speak (eat, dress) differently?
- What if everybody looked alike? What if everybody wanted to do the same things?

Pages 20–25

- Tell about a time when you talked and listened during a disagreement with someone. How did you solve it?
- Why is it important to understand how someone else feels? How does this help us get along?
- What does it mean to forgive? *(You might explain by saying, "When you forgive someone, you decide not to feel hurt or bothered by what the person said or did.")* Have you ever forgiven someone? What happened? How did you feel after you forgave the person? Has someone ever forgiven you? What happened? How did you feel?

Pages 26–31

- What is respect? *(You might explain by saying, "When you respect people, you show that you think they are important.")* What are some ways you can show respect for someone?
- What are some of the groups you belong to? What are things that are easier to do in a group than alone?

"Appreciating Others" Games

Accept and Value Each Person teaches children about understanding and appreciating both the similarities and differences of others. The book introduces beginning skills of valuing and accepting others, showing kindness and respect, and learning to get along with others in our diverse society. Here is a summary of ten skills of accepting and valuing others that are taught in the book:

1. Treat everyone kindly.
2. Find ways you're alike.
3. Include someone who is new.
4. Learn to give and receive help.
5. Appreciate others the way they are.
6. Overlook small differences.
7. Talk and listen when differences cause a problem.
8. Try to understand how others feel.
9. Forgive when you feel hurt.
10. Value each person as part of the group.

Read this book often with your child or group of children. Once children are familiar with the book, refer to it when teachable moments arise involving positive behavior or problems related to accepting and valuing others. Notice and comment when children show kindness and compassion. In addition, use the activities on pages 34–35 to reinforce children's understanding of why and how to be accepting and respectful toward all people.