Alignment by Dr. Danielle Schultz

**Book Title:** *Thank You, Sun* by Dani McCauley

ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

**Category 1: Mindset Standards:** School counselors encourage the following mindsets for all students.

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

**Category 2: Behavior Standards**: School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

## **Learning Strategies**

## **Self-Management Skills**

B-SMS 2.	Self-discipline and self-control
B-SMS 7.	Effective coping skills

## **Social Skills**

B-SS 3.	Positive relationships with adults to support success
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ASCA Student Standards: M 1, B-SMS 2, B-SMS 7, B-SS 3