



# **Gotta Stay Fresh**

## **Why We Need Hip-Hop in Schools**

ASCA Alignment

Alignment by Dr. Danielle Schultz

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**Book Title:** *Gotta Stay Fresh: Why We Need Hip-Hop in Schools* by James “Fresh Professor” Miles

**ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student**

*Each of the following standards can be applied to the academic, career and social/emotional domains.*

**Category 1: Mindset Standards:** School counselors encourage the following mindsets for all students.

M 1.	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
M 2.	Sense of acceptance, respect, support and inclusion for self and others in the school environment
M 3.	Positive attitude toward work and learning
M 4.	Self-confidence in ability to succeed
M 5.	Belief in using abilities to their fullest to achieve high-quality results and outcomes
M 6.	Understanding that postsecondary education and life-long learning are necessary for long-term success

**Category 2: Behavior Standards:** School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

**Learning Strategies**

B-LS 1.	Critical-thinking skills to make informed decisions
B-LS 2.	Creative approach to learning, tasks and problems

**Self-Management Skills**

**Social Skills**

B-SS 1.	Effective oral and written communication skills and listening skills
B-SS 2.	Positive, respectful and supportive relationships with students who are similar to and different from them

B-SS 3.	Positive relationships with adults to support success
B-SS 4.	Empathy
B-SS 5.	Ethical decision-making and social responsibility
B-SS 6.	Effective collaboration and cooperation skills
B-SS 7.	Leadership and teamwork skills to work effectively in diverse groups
B-SS 10.	Cultural awareness, sensitivity and responsiveness

**ASCA Student Standards:** M 1, M 2, M 3, M 4, M 5, M 6, B-LS 1, B-LS 2, B-SS 1, B-SS 2, B-SS 3, B-SS 4, B-SS 5, B-SS 6, B-SS 7, B-SS 10