



# Sonia and the Super-Duper Disaster

ASCA Alignment

Alignment by Dr. Danielle Schultz

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**Book Title:** *Sonia and the Super-Duper Disaster* by Rachel Funez

**ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student**

*Each of the following standards can be applied to the academic, career and social/emotional domains.*

**Category 1: Mindset Standards:** School counselors encourage the following mindsets for all students.

|      |                                       |
|------|---------------------------------------|
| M 4. | Self-confidence in ability to succeed |
|------|---------------------------------------|

**Category 2: Behavior Standards:** School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

### Learning Strategies

|         |   |
|---------|---|
| B-LS 1. | Critical-thinking skills to make informed decisions |
| B-LS 2. | Creative approach to learning, tasks and problems   |

### Self-Management Skills

|          |   |
|----------|---|
| B-SMS 1. | Responsibility for self and actions       |
| B-SMS 2. | Self-discipline and self-control          |
| B-SMS 6. | Ability to identify and overcome barriers |
| B-SMS 7. | Effective coping skills                   |
| B-SMS 9. | Personal safety skills                    |

### Social Skills

|         |  |
|---------|--|
| B-SS 1. | Effective oral and written communication skills and listening skills                                       |
| B-SS 2. | Positive, respectful and supportive relationships with students who are similar to and different from them |
| B-SS 3. | Positive relationships with adults to support success  |
| B-SS 4. | Empathy  |

|         |  |
|---------|--|
| B-SS 5. | Ethical decision-making and social responsibility                              |
| B-SS 8. | Advocacy skills for self and others and ability to assert self, when necessary |

**ASCA Student Standards:** M 4, B-LS 1, B-LS 2, B-SMS 1, B-SMS 2, B-SMS 6, B-SMS 7, B-SMS 9, B-SS 1, B-SS 2, B-SS 3, B-SS 4, B-SS 5, B-SS 8