



The Best Good Thing

Discovering Joy on a Very Bad, Smad Day

ASCA Alignment

Alignment by Dr. Danielle Schultz

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Book Title: *The Best Good Thing: Discovering Joy on a Very Bad, Smad Day* by Anna Housley Juster

ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards: School counselors encourage the following mindsets for all students.

M 3.	Positive attitude toward work and learning
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Category 2: Behavior Standards: School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

Learning Strategies

B-LS 2.	Creative approach to learning, tasks and problems
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Self-Management Skills

B-SMS 6.	Ability to identify and overcome barriers
B-SMS 7.	Effective coping skills
B-SMS 10.	Ability to manage transitions and ability to adapt to change

Social Skills

B-SS 3.	Positive relationships with adults to support success
B-SS 4.	Empathy

ASCA Student Standards: M 3, B-LS 2, B-SMS 6, B-SMS 7, B-SMS 10, B-SS 3, B-SS 4