



Big Conversations with Little Children

Addressing Questions, Worries, and Fears

ASCA Alignment

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Book Title: *Big Conversations with Little Children: Addressing Questions, Worries, and Fears* by Lauren Starnes, Ed.D.

ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards: School counselors encourage the following mindsets for all students.

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| M 1. | Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being |
| M 2. | Sense of acceptance, respect, support and inclusion for self and others in the school environment |

Category 2: Behavior Standards: School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

Learning Strategies

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| B-LS 1. | Critical-thinking skills to make informed decisions |
| B-LS 2. | Creative approach to learning, tasks and problems |
| B-LS 9. | Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias |

Self-Management Skills

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| B-SMS 1. | Responsibility for self and actions |
| B-SMS 2. | Self-discipline and self-control |
| B-SMS 6. | Ability to identify and overcome barriers |
| B-SMS 7. | Effective coping skills |
| B-SMS 8. | Balance school, home and community activities |
| B-SMS 9. | Personal safety skills |
| B-SMS 10. | Ability to manage transitions and ability to adapt to change |

Social Skills

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| B-SS 1. | Effective oral and written communication skills and listening skills |
| B-SS 2. | Positive, respectful and supportive relationships with students who are similar to and different from them |
| B-SS 3. | Positive relationships with adults to support success |
| B-SS 4. | Empathy |
| B-SS 5. | Ethical decision-making and social responsibility |
| B-SS 8. | Advocacy skills for self and others and ability to assert self, when necessary |
| B-SS 9. | Social maturity and behaviors appropriate to the situation and environment |
| B-SS 10. | Cultural awareness, sensitivity and responsiveness |

ASCA Student Standards: M 1, M 2, B-LS 1, B-LS 2, B-LS 9, B-SMS 1, B-SMS 2, B-SMS 6, B-SMS 7, B-SMS 8, B-SMS 9, B-SMS 10, B-SS 1, B-SS 2, B-SS 3, B-SS 4, B-SS 5, B-SS 8, B-SS 9, B-SS 10