



I'm Like You, You're Like Me

A Book About Understanding and Appreciating Each Other

ASCA Alignment

Alignment by Dr. Danielle Schultz

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Book Title: *I'm Like You, You're Like Me: A Book About Understanding and Accepting Each Other* by Cindy Gainer

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards

1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
3. Sense of belonging in the school environment

Category 2: Behavior Standards

Learning Standards

1. Demonstrate critical-thinking skills to make informed decisions
4. Apply self-motivation and self-direction to learning
9. Gather evidence and consider multiple perspectives to make informed decisions

Self-Management Skills

1. Demonstrate ability to assume responsibility
2. Demonstrate self-discipline and self-control
7. Demonstrate effective coping skills when faced with a problem
10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills

1. Use effective oral and written communication skills and listening skills
2. Create positive and supportive relationships with other students
4. Demonstrate empathy
5. Demonstrate ethical decision-making and social responsibility
6. Use effective collaboration and cooperation skills
7. Use leadership and teamwork skills to work effectively in diverse teams

ASCA MINDSET AND BEHAVIOR STANDARDS: MS.1, MS.3, BS.LS.1, BS.LS.4, BS.LS.9, BS.SMS.1, BS.SMS.2, BS.SMS.7, BS.SMS.10, BS.SS.1, BS.SS.2, BS.SS.4, BS.SS.5, BS.SS.6., BS.SS.7