



# Take Charge of Anger

ASCA Alignment

Alignment by Dr. Danielle Schultz

Alignment by Danielle Schultz

**Book Title:** *Kids Can Cope: Take Charge of Anger* by Gill Hasson

**The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student**

*Each of the following standards can be applied to the academic, career and social/emotional domains.*

**Category 1: Mindset Standards**

|    |  |
|----|--|
| 1. | Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being |
| 2. | Self-confidence in ability to succeed  |

**Category 2: Behavior Standards**

**Learning Standards**

|    |   |
|----|---|
| 1. | Demonstrate critical-thinking skills to make informed decisions               |
| 2. | Demonstrate creativity  |
| 9. | Gather evidence and consider multiple perspectives to make informed decisions |

**Self-Management Skills**

|    |   |
|----|---|
| 6. | Demonstrate ability to overcome barriers to learning          |
| 7. | Demonstrate effective coping skills when faced with a problem |
| 9. | Demonstrate personal safety skills                            |

**Social Skills**

|    |  |
|----|--|
| 3. | Create relationships with adults that support success                  |
| 4. | Demonstrate empathy  |
| 8. | Demonstrate advocacy skills and ability to assert self, when necessary |

**ASCA MINDSET AND BEHAVIOR STANDARDS:** MS.1, MS.2., BS.LS.1, BS.LS.2, BS.LS.9, BS.SMS.6, BS.SMS.7, BS.SMS.8, BS.SMS.9, BS.SS.3, BS.SS.4, BS.SS.8