



Waiting is Not Forever

ASCA Alignment

Alignment by Dr. Danielle Schultz

Book Title: *Waiting is Not Forever* by Elizabeth Verdick

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards

1.	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
2.	Self-confidence in ability to succeed

Category 2: Behavior Standards

Learning Standards

1.	Demonstrate critical-thinking skills to make informed decisions
9.	Gather evidence and consider multiple perspectives to make informed decisions

Self-Management Skills

2.	Demonstrate self-discipline and self-control
4.	Demonstrate ability to delay immediate gratification for long-term rewards
7.	Demonstrate effective coping skills when faced with a problem

Social Skills

1.	Use effective oral and written communication skills and listening skills
2.	Create positive and supportive relationships with other students
3.	Create relationships with adults that support success
4.	Demonstrate empathy
9.	Demonstrate social maturity and behaviors appropriate to the situation and environment

ASCA MINDSET AND BEHAVIOR STANDARDS: MS.1, MS.2, BS.LS.1, BS.LS.9, BS.SMS.2, BS.SMS.4, BS.SMS.7, BS.SS.1, BS.SS.2, BS.SS.3, BS.SS.4, BS.SS.9

