



How to Bird

ASCA Alignment

Alignment by Dr. Danielle Schultz

Alignment by Dr. Danielle Schultz

Book Title: *How to Bird* by Rasha Hamid

ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards: School counselors encourage the following mindsets for all students.

Category 2: Behavior Standards: School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

Learning Strategies

B-LS 10.	Participation in enrichment and extracurricular activities
----------	--

Self-Management Skills

B-SMS 1.	Responsibility for self and actions
B-SMS 2.	Self-discipline and self-control
B-SMS 9.	Personal safety skills

Social Skills

B-SS 9.	Social maturity and behaviors appropriate to the situation and environment
---------	--

ASCA Student Standards: B-LS 10, B-SMS 1, B-SMS 2, B-SMS 9, B-SS 9