



# How to Bird

ASCA Alignment

Alignment by Dr. Danielle Schultz

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**Book Title:** *How to Bird* by Rasha Hamid

**ASCA Student Standards: Mindsets & Behaviors for Student Success K-12 College-, Career- and Life-Readiness Standards for Every Student**

*Each of the following standards can be applied to the academic, career and social/emotional domains.*

**Category 1: Mindset Standards:** School counselors encourage the following mindsets for all students.

**Category 2: Behavior Standards:** School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:

**Learning Strategies**

B-LS 10.	Participation in enrichment and extracurricular activities
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**Self-Management Skills**

B-SMS 1.	Responsibility for self and actions
B-SMS 2.	Self-discipline and self-control
B-SMS 9.	Personal safety skills

**Social Skills**

B-SS 9.	Social maturity and behaviors appropriate to the situation and environment
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**ASCA Student Standards:** B-LS 10, B-SMS 1, B-SMS 2, B-SMS 9, B-SS 9