

We Accept No

Music by Shawn Forster
Lyrics by Shawn Forster
and Beth Amuso

$\text{♩} = 78$

The musical score consists of three staves of music. The top staff is a treble clef staff with a 4/4 time signature. The middle staff is a bass clef staff with a 4/4 time signature. The bottom staff is a bass clef staff with a 4/4 time signature. The lyrics are written below the notes. Chords are indicated above the notes.

1 C G C

2 We ac - cept no, e - ven if it's not what we want to hear.

3 C G F C G Am F

5 We ac - cept_ no, ev' - ry time_ and ev' - ry where.

C/E F G Em Am

7

We ac-cept no, to make ev'-ry one feel safe and strong.

C G F C G Am F

This measure continues the melody and chords from the previous measure. The vocal line includes a sixteenth-note cluster on 'ev'-ry'.

9

We ac-cept_ no,_ to help us all get a - long._ Af-

C/E F G C G C

This measure continues the melody and chords, with a melodic line featuring eighth-note pairs and sixteenth-note patterns.

12

fec-tion is how we show we care, with hugs and high - fives to share.

C G/B F Am G

This measure concludes the melody and chords, returning to a more simple harmonic progression.

14

Some - times o-thers don't want those hugs,
It's o - key to feel_ sad._
Don't

C/E F G/B C/E

16

let their "no" make it so you start to get_ mad._

C G F/A G

18

We ac-cept no, e - ven if it's not what we want to hear.

C G F C G Am F

20

We ac - cept- no,___ ev' - ry time_ and ev' - ry where.

C/E F G Em Am

22

We ac - cept no, to make ev' - ry one feel safe and strong.

C G F C G Am F

24

We ac - cept no,— to help us all get a - long.— We

C/E F G C G C

27

al - ways stop when we hear no, it's a rule we must all__ fol-low..

C G/B F Am G

29

Yes can be - come no a - ny - time, so let's play_ fair.
C/E F G/B C/E

31

spect their no, that's how we show_o - thers we care.
C G F/A G

33

We ac - cept no, e - ven if it's not what we want to hear.
C G F C G Am F

35

We ac - cept no, ev' - ry time, and ev' - ry where.
C/E F G Em Am

37

We ac - cept no, to make ev' - ry one feel safe and strong.

C G F C G Am F

39

We ac-cept_ no,_ to help us all get a - long. It's o-

C/E F G C G C

42

kay to feel_ the way you feel. Hea - ring no does-n't al - ways feel great. We are

Am Em F C

44

all in charge of our bo-dies. So when some-one says no, we stop, don't wait!

Am Em F G

47

We ac - cept no, e - ven if it's not what we want to hear.

C G F C G Am F

49

We ac - cept - no, ev' - ry time - and ev' - ry where.

C/E F G Em Am

51

We ac - cept no, to make ev' - ry one feel safe and strong.

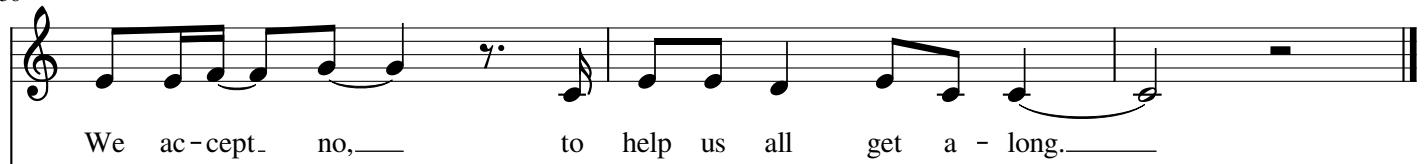
C G F C G Am F

53

We ac - cept - no, to help us all get a - long.

C/E F G C G C

56



Measures 56-57: The piano accompaniment features a bass line in the bass clef and a treble clef line above it. The chords are labeled: C/E, F, G, C, G, C. The bass line consists of eighth notes.