

We Accept No

Music by Shawn Forster
Lyrics by Shawn Forster
and Beth Amuso

$\text{♩} = 78$

C G C

3

We ac - cept no, e - ven if it's not what we want to hear.

C G F C G Am F

5

We ac - cept_ no, — ev' - ry time_ and ev' - ry where.

C/E F G Em Am

7

We ac-cept no, to make ev'-ry one feel safe and strong.

C G F C G Am F

9

We ac-cept_ no, to help us all get a - long. Af-

C/E F G C G C

12

fec-tion is how we show we care, with hugs and high - fives to share.

C G/B F Am G

14

Some - times o - thers don't want those hugs, It's o - kay to feel_ sad.____ Don't

C/E F G/B C/E

16

let their "no" make it so you start to get_ mad.____

C G F/A G

18

We ac - cept no, e - ven if it's not what we want to hear.

C G F C G Am F

20

We ac - cept_ no,____ ev' - ry time_ and ev' - ry where.

C/E F G Em Am

22

We ac-cept no, to make ev'-ry one feel safe and strong.

C G F C G Am F

24

We ac-cept_ no, to help us all get a - long. We

C/E F G C G C

27

al - ways stop when we hear no, it's a rule we must all fol-low..

C G/B F Am G

29

Yes can be-come no a - ny - time, so let's play_ fair. Re-

C/E F G/B C/E

31

spect their no, that's how we show_ o - thers we_ care.

C G F/A G

33

We ac-cept no, e - ven if it's not what we want to hear.

C G F C G Am F

35

We ac-cept_ no, ev' - ry time_ and ev' - ry where.

C/E F G Em Am

37

We ac-cept no, to make ev'-ry one feel safe and strong.

C G F C G Am F

39

We ac-cept. no, to help us all get a - long. It's o-

C/E F G C G C

42

kay to feel the way you feel. Hea - ring no does-n't al - ways feel great. We are

Am Em F C

44

all in charge of our bo-dies. So when some-one says no, we stop, don't wait!

Am Em F G

47

We ac-cept no, e-ven if it's not what we want to hear.

C G F C G Am F

49

We ac-cept no, ev'-ry time and ev'-ry where.

C/E F G Em Am

51

We ac-cept no, to make ev'-ry one feel safe and strong.

C G F C G Am F

53

We ac-cept no, to help us all get a-long.

C/E F G C G C

The image shows a musical score for a song. It consists of three staves. The top staff is a vocal line in treble clef with the lyrics: "We ac-cept. no, to help us all get a - long." The middle staff is the piano accompaniment in treble clef, featuring chords labeled C/E, F, G, C, G, and C. The bottom staff is the piano accompaniment in bass clef. The music is in a simple, melodic style with a 4/4 time signature.