



by Erin Frankel  
illustrated by Paula Heaphy

“Delightful . . . Not only for kids, this series is a *must* for educators, parents, and caregivers who want to help children end the cycle of cruelty.”

—**Barbara Coloroso**, best-selling author of *The Bully, the Bullied, and the Bystander*

“The wonderful books in the Weird series are great resources to help build young children’s social skills to address and prevent bullying.”

—**Trudy Ludwig**, children’s advocate and best-selling author of *Confessions of a Former Bully*

“The well-drawn characters have real problems with . . . credible resolutions. This [series] should find a home in every school library.”

—**Kirkus**

“The books stand alone as separate titles, but they’re much more effective when utilized together to give a complete view of how the main characters are feeling and the outside events that help shape their roles.”

—**School Library Journal**

“An excellent tool for teaching school-age children good mental health techniques to survive and grow beyond bullying.”

—**Children’s Bookwatch, Reviewer’s Choice**

“A good discussion starter.”

—**Booklist**

“Incredibly insightful . . . a must-own for educators.”

—**Imagination Soup**



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For all children,  
young and old, who  
have been involved in bullying.  
Don't lose sight of who you are.  
**Know yourself.**  
**Be yourself.**  
And remember, your brightest  
star shines from within.

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Hi. My name is Jayla and I'm **scared**.  
See that girl? That's Sam. She's **tough**.

She picked on me a lot last year,  
but I never stood up for myself.

I didn't

**DARE!**

No one else stood up for me, either.  
They didn't DARE.

"What a  
loser!"



I think I know why.

"Uh, nice hair."



"That game is  
for babies."



They've been  
bullied, too.

## Jayla's Notes

Helping Luisa was a *dare* worth taking! Here are some lessons I learned along the way:

**D**aring to stand up for what's right made me feel good about myself.

**A**cting like I wasn't scared gave me more courage to help Luisa.

**R**efusing to take part in the bullying made Sam realize she can't boss me around.

**E**ven when I stood by and did nothing, I knew I was doing something *wrong*.



## Luisa's Notes

Jayla helped me realize how important it is to stand up for myself and others, no matter who thinks I'm *weird*. Here are some things I've realized:

**W**hen others do nothing while I'm being bullied, I feel sad and alone.

**E**veryone can imagine how it feels to be picked on.

**I**f I am ever bullied again, I'm going to ask an adult for help right away.

**R**emember to always believe in yourself, no matter what.

**D**on't stand by when you see someone being bullied. Stand up and say "Stop!"



## Sam's Notes

When everyone stood up together, it was *tough* to keep bullying. Here is what I've discovered about myself:

**T**elling Jayla what to do made me feel powerful and in control.

**O**ne dare leads to another if no one stops me or I don't stop myself.

**U**nderstanding how much my behavior hurts people (including me) made me step back and think.

**G**iving me a choice made me realize I *do* have control—over my own behavior.

**H**urting others isn't something I'm proud of, it's just something I do to try to feel good and fit in. (It doesn't work.)

